

For more information:
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NewLife NEWS

Week of May 31, 2026

CAPS WALK FOR LIFE ~ VBS REGISTRATION ~ SOUTHWEST REFORMED YOUTH CAMP

Promotion Sunday

Sunday, May 31 in the Sanctuary

Join us for a brief time after the worship service to recognize and celebrate the completion of another year of Sunday School.

Graduation Recognition Reception

Sunday, May 31 in the MAC

Please join us in the MAC for a cake reception to congratulate our recent graduates on their hard earned degrees:

2026 Graduates:

- Michael Hopkins - High School Diploma- Christian Unified Schools of San Diego
- Natalie Stormoen - High School Diploma - Heritage Christian School
- Jonathan Wood - High School Diploma - Heritage Christian School
- Ryan Giangregorio - Bachelor of Science in Computer Science - San Diego State University
- Aaron Philip - Master of Divinity - Westminster Seminary California

Southwest Reformed Youth Camp

Monday - Friday, August 3-7 2026

Junior high and high school students are invited to the [Southwest Reformed Youth Camp](#), August 3-7 at Palomar Christian Conference Center in Palomar Mountain, CA. Join us for a week of fun, friendship, worship, and time in God's Word. Registration opens June 1, 2026.

Poetry Class Psalm

This poem, written by Diane Henderson, was written in response to the "Write Your Own Psalm" exercise in the recent Higher Ed Poetry Class.

Help Me, Lord (Psalm 109)

By Diane Henderson

- 1 I'm praising you, God, but please deal with all those hot heads who sling their lies at me.
- 2 They attack with arrogant words of deceitful pride and sting like scorpions.
- 3 May they sting themselves and suffer the agonies of the guilty when judged.

To read more of this psalm, please pick up a copy of the full Psalm from the welcome table.

New Life Newsletter submission deadline by end of day **Wednesday** to comms@newlifelamesa.org Anything submitted after the deadline will be placed in the newsletter the following week.

IBCD Summer Institute

Thursday - Saturday, June 18-20 2026

Join IBCD for a three-day conference focused on equipping local churches in biblical counseling and discipleship ministry. The Summer Institute features main sessions, practical workshops, and resources designed to encourage one-another care within the church.

Hosted at [Institute for Biblical Counseling & Discipleship](#) and held at Cornerstone Fellowship Bible Church (with online access available), the conference welcomes attendees from around the world and includes:

- 30+ workshops on relevant discipleship topics
- Spanish-language workshops
- Exhibitor hall and biblical counseling bookstore
- Coffee shop and fellowship opportunities

Group discounts are available, and virtual tickets may also be purchased.

For questions, contact Lauren Sterling at lauren@ibcd.org.

Learn more and register [HERE](#).

VBS Registration is Open!

Our student registration is now open. [Sign up today!](#)

Pray for VBS! Pray for wisdom for planning the daily schedule and use of the MAC and classrooms.

VBS DATES/Times:

July 20-24; 9a-12p



Mark Your Calendars

June 7

Deacon Ordination

June 13

CAPS Walk for Life

June 18-20

IBCD Summer Institute

June 24

Crown Point

July 20-24

Vacation Bible School

August 3-7

Southwest Reformed Youth Camp

October 22-24

Marriage Retreat

Sunday Volunteers Needed

We are thankful for a congregation that joyfully serves one another. Several ministries are currently in need of additional volunteers:

- Nursery: 1-2 adults needed to serve one Sunday a month, every other month. A sign-up sheet is available on the foyer table.
- Morning Coffee: 1-2 people needed for every 4th and 5th Sunday. Please contact Alan if interested.

Please prayerfully consider serving in one of these areas.

Global Missions

Our May Missionaries of the Month are both serving in Italy where a reformed presence is small. **Pastor Michael and Janie Brown** serve in Milan, Italy and **Pastor Vincenzo and Judit Coluccia** serve in Lecce, Italy.

Milan, Italy—**Michael Brown pastors** Chiesa Riformata Filadelfia in Milan. Praise God for a new elder, Francesco Pinelli, who was recently ordained. Pray for strengthened ties between Chiesa Riformata Filadelfia and the broader church. Please continue to pray for their ministry to flourish and for God's name to be made great among the nations. (<https://www.missionmilan.org/>)

Lecce, Italy – **Pastor Vincenzo** was called by MTW to plant a Presbyterian church in Lecce, and he is an ordained Teaching Elder of the [Presbyterian Church in America](https://www.chiesapietravivente.com/en/home). Pray for the covenant children of Pietra Vivente to grow in their understanding of the gospel. Pray that God may call some to become elders and deacons. (<https://www.chiesapietravivente.com/en/home>)

Marseille, France—**Hugh Wessel** sends greetings from France, marking the one year anniversary of the loss of his wife Martine. He is thankful to the Lord for his ability to return to full time ministry and work at the Seminary even as he continues to grieve. He asks that we pray earnestly for those he mentors— that he would be faithful in passing on what the Lord has entrusted to him, and that he would be a model of Christlikeness in both word and conduct. Pray also for his ongoing ministry responsibilities: preaching, pastoral care, counseling, and assisting a congregation currently without a pastor, as well as his chaplaincy at the seminary.

H.O.M.E. (Home Missions, Outreach, Ministry & Evangelism)

Check out: [the Ministry of the H.O.M.E. Committee](#) for the most recent newsletters from San Diego Rescue Mission, Hope for San Diego, and CAPS. Pray for our outreach work.

Embrace Grace

Praise Jesus the K has reconnected with EG via zoom! Please pray for someone (near Oceanside) to drive her to hospital when her time comes and for protection over M (baby's father) as he is deployed.

CAPS Walk for Life

Join CAPS on Saturday, June 13, from 10:00 AM–12:00 PM at College Avenue Church (4747 College Ave., San Diego) for a morning of prayer, fellowship, and family fun. Check-in begins at 9:45 AM with opening prayer.

After the walk, enjoy food, raffles, booths, and family activities in the courtyard. Register for this free event at capswalk.org.



Church Family Requests

- Continue to pray for treatments and complete healing for Cheryl M., Peter H., Sarah F., Brian S., Valerie T., Scott T., K.C., and Sally N.
- Pray for strength and grace to endure for Joe C., Jeri M., Norma D., Nancy W., Anita P., Joyce K., Steve P., and their caregivers.
- Pray for Lea Morrill and family as they mourn the loss of Lea's mother, Berta Morrill. Pray that the Lord would comfort the family.
- Pray for our singles, that they would wholeheartedly serve God.
- Pray for those couples desiring to be parents or enlarge their family, for patience and grace as they wait upon the Lord.
- Pray for our expecting mothers, Sarah R., and Sascha H.

This Week @ New Life

For more information: 619-667-5999

Sunday, May 31

- 8:45a Pre-service Prayer meeting in Room 202
- 9:30a Morning Worship Service
- 10:50a Coffee and refreshments
- 11:15a Sunday School Promotions/HigherED
- 11:30a Graduation Reception
- 12:15p Spring Orchestra Rehearsal
- 5:00p Evening Worship/Fellowship Meal

Tuesday

- 6:30a Men's Bible Study at Simple Coffee

Thursday

- 7:00a Men's Prayer
- 9:30a Women's Prayer and Fellowship

Saturday

- 10:00a Coffee with Coco at Panera in Grossmont Center

Sunday, June 7

- 8:45a Pre-service Prayer meeting in Room 202
- 9:30a Morning Worship Service
- 10:50a Coffee and refreshments
- 11:15a Good and Angry Group Discussion
- 5:00p Evening Worship/Fellowship Meal